Advisee Responsibilities

- Select a career advisor to fit your needs (for a full list of available career advisors and their areas of expertise, visit http://www.anatomy.org/aaa-career-advisors)
- Maintain regular contact with your career advisor (if you choose to have it be an ongoing relationship)
- Maintain confidentiality
- Ask for and give feedback
- Take responsibility for your own growth and success
- Listen actively
- Ask your career advisor for guidance and assistance whenever it is needed
- Present needs in an articulate way

Benefits for a student/postdoc or early career professional in having a career advisor:

- Receive honest and informal feedback
- Receive advice on how to balance teaching, research, and other responsibilities and set professional priorities
- Obtain knowledge of informal rules for advancement (as well as political and substantive pitfalls to be avoided)
- Obtain knowledge of skills for showcasing one's own work
- Provide a perspective on long-term career planning
- Expand growth in your sense of competence, identity, and effectiveness as a professional
- Provide an outlet to discuss concerns